

The Turkana Food & Education Program

A BLACKANDWHITE Project

YOUR ROADMAP to HELP

Why Turkana?



Turkana County is located on the edge of the Sahel zone in the border area with Uganda, South Sudan and Ethiopia and is one of the 5 particularly poor regions in Kenya along with 4 other counties (Mandera, Garissa, Wajir and Marsabit).

Turkana is a region that is suffering tremendously from the consequences of climate change, extreme drought and food shortages with the worst drought in a decade and it is estimated that about **800,000 people are deficient or undernourished**.

This leads to the fact that numerous schoolchildren have to leave their schools (if at all in school) to help get food or they do not return after the holidays, also because there is no money left in the families to pay the school fees.

In 2022, nationwide more than 2 million students were unable to go to the next grade due to the drought, in 2023 it was about 3.5 million.

The extent of **hunger in Turkana is now so severe that mothers often can no longer even breastfeed**. The search for edibles, wild fruits, e.g. for dinner/ a meal for a day, can take hours to days to weeks, the wild fruits are of course becoming more and more sparse. It happens that mothers, in their desperation, have to collect leaves unknown to them and serve as **tasters** for their children.



The long daily search for **drinking water**, up to **10 km** a day, often takes **4 hours** or more. Children are forced to roll the 20 liters jerrycans on the ground due to heavy weight.

1. **BLACKANDWHITE** / Patricia and Achim

We, Patricia and Achim, met in 2016 as members of a non-profit organization working on an aid project to correct vision problems. At that time, Patricia was the Kenyan director, and Achim was the German country coordinator. During our work, we encountered an albino lady who suffered severe mobility problems, crawling to the hospital for treatment. This heartbreaking experience inspired us to initiate small projects to assist those in need, leading to the creation of the Black&White Project, which is planned to be registered as a charitable organization in Kenya.

To date, the **BLACKANDWHITE** Project has:

- Donated more than 10 wheelchairs to individuals with mobility challenges.
- Fully financed the education, including fees, food, shelter medical and clothing, of 3 girls and a boy (2 girls of a single mother living with HIV and 2 - one girl and a boy partial orphans - the mother died as a result of suicide).
- Partially supported the education and food of 2 students from a family affected by alcoholism.
- Currently Conducting online leadership training for Kenyan university students, in collaboration with a Canadian NGO.

Since 2023, our **primary focus has been on providing food aid to the needy kids and people of Turkana**. As a private partner to the Social Missionary Sisters of the Church (SMSC – St. Patrick Foundation), Lokitaung we have been helping different centers and villages in the Lokitaung area and in the years 2024 and 2025 we managed to buy and deliver over 27 tons of food (Maize, Beans, Rice, Cooking Oil, Salt) and other items. Our main focus is now the village of

➡ **Nakolonyoi.**

1. **Besides ensuring the constantly, monthly delivery of food for one meal per day, the upcoming challenges are:**
2. **to make possible a second meal per day (breakfast),**
3. **to finance the drilling of a borehole,**
4. **establish an education program (school building in progress, teacher training and payment, equipment are to be financed) and**
5. **finance healthcare for children with critical medical conditions**

If you feel confident, please work with us by sharing your idea on which areas you would like to help and hold us accountable for usage of your funds as listed above

(1-5; we will share with you, where the actual high priority is and funds are needed)

Patricia and Achim, **BLACKANDWHITE** we are not a big NGO, we are a small private initiative, both on the donor side and on the Kenyan implementation side. The charming advantage of a private initiative is, among other things, that there are no overhead costs, no advertising and glossy brochures etc. to finance and **all your donations go directly, almost at 100% to the kids and their families**

With only 100 € we give a small family of 3 or 4 a meal a day that can feed them for about 1 month.

In Kenya we say “Pamoja – mimi na wewe pamoja!”

Together, you and me together

Rivers do not drink their own water; Trees do not harvest their own fruit; the sun does not shine on itself and flowers do not spread their fragrance for themselves. Living for others is a law of nature. We are all born to help each other. No matter how difficult it is... life is beautiful when one is happy; **But even more beautiful when others are happy through you.**

(ancient Sanskrit and Pali wisdom)

Pamoja. Together, you (and you and you and you) and me together.



Our contacts:

Kenya:

Patricia Nyanchama Makori

Email: Patricina2010@gmail.com



Germany:

Dr. Achim Albrecht

Email: aalbrecht1962@gmail.com



Phone Number and bank account for your donations on request

©2025 Patricia and Achim, **BLACKANDWHITE** Text and all Photos – all rights reserved

Other ways to support the people of Turkana County:

2. Help direct under the St. Patrick's (San Patricio) foundation Umbrella and the Pablo Horstman Foundation in cooperation with SMSC

Currently, SMSC operates 11 centers under the umbrella of St Patrick's nomadic girls', caring for over 2,000 children including education and food financed by the Pablo Horstman Foundation. In case you would like to help this way, you are free to contact directly the SMSC sisters for advice on how to apply for getting foundation membership. Where you donate directly to the foundation that has to distribute the funds and resources according to their rules and regulations. The foundation has a 100% say over your donations

3. Help privately

Organize and run your own private project, similar to what **BLACKANDWHITE** has initiated